



# Sponge Paint Polar Bears

Even though polar bears are usually born on land, they spend most of their lives out on sea ice. They use sea ice to travel, hunt, and mate, and may even build their maternity dens on sea ice, too. To stay warm in these icy conditions, polar bears rely on fat reserves. Their amazing sense of smell helps them sniff out prey, like seals, up to one kilometer (0.6 miles) away! Make your own super-sniffing polar bear using sponge brushes and paint.

## Materials

Blue paper  
White and black paint  
Sponge brushes

## Directions

1. **Dip** your sponge brush in the white paint. **Paint** a polar bear's head and face by pressing the sponge on the paper to make one large dot at a time.
  - a. **Make** a large circle for the face, and two small ones on top of the head for ears.
  - b. **Fill in** the face and neck with many small white dots.
  - c. *Optional:* **Add** snowflakes in the background.
2. **Paint** on eyes, a nose, and a mouth for your polar bear with black paint.
3. Ta-da! Your polar bear is complete and ready for winter!

