Name $\qquad$
Date

| Date | What food did I throw away? |  |  |  | Why? |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 4/5/2017 | $\begin{array}{\|l} \square \\ \square \\ \square \\ \square \\ \square \\ \hline \end{array}$ | Meat <br> Vegetables <br> Milk <br> Other: | $\begin{aligned} & \mathrm{x} \\ & \mathrm{x} \end{aligned}$ | Fruit Bread | Bread - I was full <br> Fruit - My banana was smashed <br> Míle - 1 don't like mille |
|  | $\square$ $\square$ $\square$ $\square$ $\square$ | Meat <br> Vegetables <br> Milk <br> Other: | $\square$ | Fruit Bread |  |
|  | $\square$ $\square$ $\square$ $\square$ | Meat <br> Vegetables <br> Milk <br> Other: |  | Fruit Bread |  |
|  | $\square$ $\square$ $\square$ $\square$ $\square$ | Meat <br> Vegetables <br> Milk <br> Other: $\qquad$ |  | Fruit Bread |  |
|  | $\square$ $\square$ $\square$ $\square$ $\square$ | Meat <br> Vegetables <br> Milk <br> Other: $\qquad$ |  | Fruit Bread |  |

What patterns did you notice in foods that were wasted or why they were thrown away?

